Maximize your benefits by selecting doctors, hospitals, and other health care providers in your health plan network. Use the Find a Doctor or Hospital tool to locate health care providers near your home or office.

Find a Doctor or Hospital at www.wellmark.com

To Find a Doctor or Hospital in Your Network

2 Select Find a Doctor or Hospital under Quick Links.
3 Choose Iowa and South Dakota Providers on the left side of the screen to find local providers.
4 Next, select a network from the first drop-down box to narrow your search for providers who participate in your health plan network. The network you are in is listed on your Wellmark ID card.
5 Search by name (health care provider or facility) or location.
6 Select Search at any time to view the list of your network providers.

More Ways to Search

Narrow your search options by selecting Search with More Criteria. You must first enter one letter of the provider’s last name or facility name, city-state combination, or zip code to search by:

- Practice open to new patients
- Specialty/facility type
- Hospital privileges
- Clinic/medical group name
- Gender
- Languages
It’s all in the Details

- Once you complete a search, you will see a Details link next to each name.
- Select Details to view provider information on:
  - Accreditation/certifications
  - Collaboration on Quality program participation
  - Hospital privileges
  - Board certification status
  - Address
  - Phone number
  - Specialties
  - Accepting new patient status

Information is subject to change without notice. Ask your provider at the time of service if the provider contracts with Wellmark Blue Cross and Blue Shield. Wellmark contracts with providers as independent entities and Wellmark does not supervise, control, or guarantee the health care services of any provider.

Health Care Quality Tools

- **COMPARE HOSPITALS**: Knowing how hospitals in your area compare on quality measures and cost can help you make wiser choices. View volume (number of patients), complications, and length of stay for local and national hospitals.
- **COMPARE PHYSICIANS**: Building an ongoing relationship with your personal physician can help ensure you get the most appropriate care. Use this tool to help find a physician that fits your needs and to help you gauge health care quality.

My Health Care Cost Tools

As a registered member, you have access to:

- **CHECK MY CLAIMS**: View detailed information on claims including provider name, procedure, diagnosis codes, and descriptions. Contract holders can also check whether a claim has been paid for other members on the contract.
- **VIEW MY ELIGIBILITY AND BENEFITS**: Review your health plan coverage and search prior coverage periods.
- **WELLMARK DRUG LIST**: Find the price you will pay for specific prescription drugs and research lower-cost alternatives.

Make Informed Health Care Decisions

Becoming more familiar with health care quality information can help you to make more comfortable choices about your health care. For example, understanding how health care providers rank on quality measures or reviewing their level of experience in treating certain conditions can help you decide where to seek medical care. Access this information today through our online resources.

Health Care Cost Tools

- **VIEW COST ESTIMATES FOR CONDITIONS AND EPISODES**: Use the Treatment Cost Estimator to look up cost estimates for more than 600 common medical conditions and get information on a complete episode of care (e.g., hospital costs, physician costs, prescription drug costs, etc.). This tool uses national claims data so you can get nationwide pricing information and use it no matter where you live, work, or travel.

**VIEW COST ESTIMATES FOR SPECIFIC SERVICES**: Find average treatment costs for the most common conditions and procedures among Wellmark members in Iowa, South Dakota, and other regions of the country.
- **INPATIENT PROCEDURES**: treatment cost ranges for the most common diagnoses and conditions Wellmark members are treated for in an inpatient hospital setting.
- **OFFICE VISITS AND SERVICES**: the most common procedures performed in a physician’s office for individuals that have Wellmark health insurance.
Access Health Care Quality & Cost Tools

2. Select Find a Doctor or Hospital in the right navigation under Quick Links.
3. Select Health Care Quality and Cost in the left navigation.

**Please Note:** You can only view the Health Care Cost Tools and My Health Care Cost Tools by registering at www.wellmark.com. To register for online access to health plan benefit information and wellness tools:

2. Select Member from the Register Now drop-down menu.
3. Complete the registration form.

**Collaboration on QualitySM**

More than 1,500 primary care physicians in Iowa and South Dakota are participating in the Wellmark Collaboration on Quality (CoQ) primary care initiative. This initiative recognizes and rewards primary care physicians who provide care in line with national guidelines and other recognized quality care measures, specifically in the care of diabetes, asthma, hypertension, and the delivery of childhood immunizations.

The program is designed to give physicians, Wellmark, and consumers access to data that:

- Helps patients get access to the right care, at the right time, in the right place.
- Helps physicians gain a better understanding of their performance.
- Supports physicians’ efforts to improve the delivery of care.

If your physician participates in the Collaboration on Quality program, you will see the CoQ logo by his or her name in the Find a Doctor or Hospital tool. You will also see the participating clinic’s overall performance level for the care of diabetes from the 2007 program, if available. There is a link to more information about the program, including the process measures used and the performance level descriptions. From the home page, select Members, then Health Care Quality and Cost, then Collaboration on Quality.
Importance of Your Health Plan Network

Selecting a doctor, hospital, or other health care provider from your health plan network is to your advantage because you typically pay less out-of-pocket. Always ask if the provider contracts with Wellmark Blue Cross and Blue Shield and present your Wellmark ID card when you receive services.

Visit www.wellmark.com to find a doctor or hospital in your network.